

PEERS®

Social Skills Training Group for Teens and Young Adults

PEERS® is an evidence-based, social skills intervention program for motivated teens in high school and young adults who are interested in learning ways to help them make and keep friends. During each group session, teens and young adults are taught important skills and are given the opportunity to practice these skills in session during socialization activities. Parents and Social Coaches attend separate sessions at the same time and are taught how to assist their teens/young adults in making and keeping friends by helping to expand their social network. Parents/Social Coaches will also be provided with feedback through coaching during weekly socialization homework assignments.

Information regarding the PEERS® program can be found at www.semel.ucla.edu/peers

WHO ARE THESE TWO GROUPS FOR:

- Teens between the ages of 13 – 18 who are having difficulty making friends
- Young adults 18+ who are having difficulty making friends
- Teens and young adults must be motivated and interested in participating in this program
- A parent/guardian/social coach must be willing to participate in this program consistently

WHAT THE TEENS AND YOUNG ADULTS WILL LEARN:

- How to use appropriate conversation skills, find common interests by trading information, choose appropriate friends and use electronic communication
- How to appropriately use humor and be a good sport
- How to enter and exit conversations between peers
- How to handle rejecting, teasing, and bullying
- How to handle rumors and gossip
- How to be a good host during get-togethers
- How to handle arguments and disagreements and change a bad reputation



YOUNG ADULTS WILL ALSO LEARN:

- How to find and choose good friends and romantic partners, let someone know you like them and ask them out on a date, and appropriate dating etiquette

WHEN:

- Thursday evenings from September 9th 2021 – December 16th 2021 with the graduation party scheduled for Friday, December 17th 2021
- Teens from 5:30pm – 7:00pm and young adults from 7:00pm – 8:30pm

WHERE:

- ABLE Developmental Clinic at Pacific Autism Family Network, 3688 Cessna Dr, Richmond, BC V7B 1C7

COSTS:

- The cost of this program is \$1680. This includes the intake meeting and the 16-week intervention.
- Autism Funding can be used for this program.

FOR MORE INFORMATION:

- Please contact Connie Ng, Board Certified Behavior Analyst and certified PEERS® provider at conniecho@gmail.com